

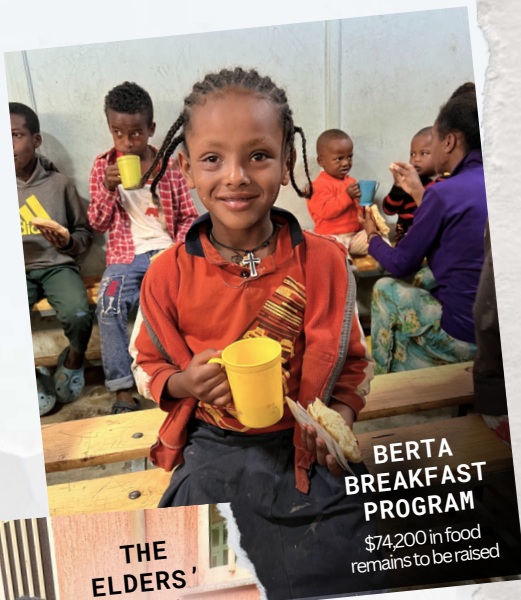
## Food Insecurity in Ethiopia

Food insecurity looms large in Korah due to soaring inflation that pushed prices up over 40% this past year. Prices are expected to climb higher due to civil unrest affecting the planting season and hindering transport of crops to the city, and poor weather is causing the harvest to be well below what is needed. There is a growing threat of famine in the hardest hit areas. **This scarcity of food was clearly evident in our recent home visits with new families.** We heard firsthand the anguish and fear these families endured, unable to feed their children. Genet couldn't hold back her tears as she recounted the heartbreak of watching her children go hungry while others ate. Abebech's desperation led her to salvage moldy scraps of food to nourish her young girls. Tizita shared she will never forget having to leave her newborn twins with her young son to beg for food. She returned home to find all three lying on the floor, with her son sick in the middle, anxiously trying to comfort a baby on either side. Tigist's despair was so profound, she contemplated taking her own life - a thought shared by many. One morning, a desperate mother with a baby on her back and young child in hand narrowly escaped tragedy, walking directly into traffic in a bid to end their suffering. Their experiences are a testament to the harsh circumstances Korah families face.



**FAMILY EMPOWERMENT PROGRAM**  
\$12,000 in food remains to be raised

*THE JOY AND NEWFOUND HOPE IS EQUALLY EVIDENT IN THE DEEP GRATITUDE THESE FAMILIES HAVE FOR THE HOLISTIC SUPPORT THAT HOPE FOR KORAH PROVIDES.*



**BERTA BREAKFAST PROGRAM**  
\$74,200 in food remains to be raised

## Precious Places

In February, when we were in Ethiopia, we felt the worries of the people living in Korah more than ever before. There is a growing gloom because of on-going inflation and conflict within the country. But, wherever our HFK Ethiopian staff are working in the compounds - at Berta Breakfast, Youth, Daycare, the Elders Home, or Family Empowerment - these are places of hope where you experience love and joy, and you hear laughter and kind words.

I like to imagine our compounds are Islands of Hope. In the poorest part of the capital with all the unrest and fears all around, we are somehow able to experience hope and peace. Sosena Shiferaw, our Country Director describes the compounds this way - "they are precious places of God's presence."

- David Pohl, HFK Board President



**THE ELDERS' HOME**  
\$16,100 in food remains to be raised

## Sustenance & Nutrition

Is Woven Throughout All Our Programs

Empowering families begins with securing their basic needs, especially food. A mother cannot think about personal growth when her children are hungry and a child cannot concentrate in school on an empty stomach. **Therefore, it is crucial to ensure access to nutrition.** Yet, food costs have risen across all our programs, from stabilizing families to providing meals at daycare and the Elders' Home, to serving Berta breakfast for 550 children and nutritious snacks during youth activities, sports, and after-school tutoring, as well as providing essential nutrition for those who are acutely or chronically ill, pregnant, lactating or on medication.

With all of our programming providing some level of nutrition, our annual budget has significantly increased. Unfortunately, we expect even more food increases due to a poor crop season. Therefore, we are hoping that you would consider giving a gift to help any one of our programs. Thank you for coming alongside the poor in Korah!



**HFK DAYCARE**  
\$28,700 in food remains to be raised

**YOUR GIFT TOWARDS ANY HFK PROGRAM IS MUCH NEEDED!**  
This year \$478,000 remains to be raised and one third of that amount is for food and nutrition. [www.hopeforkorah.org](http://www.hopeforkorah.org)



LIVES ARE CHANGING...

## Celebrating HFK Women

We celebrated International Women's Day in March, honoring the women in our program who have been diligently enhancing their skills and knowledge to create income-generating opportunities.

There were many reasons to celebrate - as most have successfully completed vocational school and are now employed, while others have launched small businesses. Recently, four women were hired at a new café, working as a barista, cook, and cleaners. Also, our HFK Basket Weavers were featured on national TV, shining a light on HFK's Economic Empowerment program. The segment highlighted our unique model and comprehensive training, resulting in tangible job opportunities for women. We are particularly proud of and celebrated our Self-Help Groups (SHGs), with 70 members who save from their earnings every month. These SHGs play a pivotal role in combating poverty, fostering self-efficacy, and creating a supportive space where members can set their own policies on savings and loans, and discuss personal and economic challenges with each other.

As we continue to invest into the lives of these courageous women and celebrate their remarkable achievements, our heartfelt prayer is that they recognize their inherent worth, strengths and abilities to embrace their true value and fulfill their God-given potential.



### ECONOMIC EMPOWERMENT PROGRAM

\$9,600 in food remains to be raised



### EDUCATION & YOUTH EMPOWERMENT

\$10,500 in food remains to be raised

## These Kids Are Now Thriving!

In the face of seemingly insurmountable odds, including economic hardship, lack of access to education, and challenging family circumstances, through HFK's holistic programs these resilient children are now experiencing remarkable growth and success.

**Hiwot**, born prematurely, lost her mother within a year, and her father is blind. Yet, through stabilization, support, and education, she now has access to opportunities that were once far out of reach.

**Habtam** joined HFK several months ago, having endured frequent hunger that significantly impacted her development. At 9 years old, she is still small and underweight. But with access to proper nutrition, she is improving!

**Ereyus** is 7 years old. Her mother shared the pain of watching her daughter go hungry, unable to adequately feed her. Since sponsorship, Eyerus is flourishing, hardly recognizable from one year ago.

**Bizu** used to beg on the streets with her mother, and by the age of 7, she had never slept on a bed or attended school. One year later, her life has completely changed, as seen in her radiant countenance.

**Widset** once survived on leftovers her mother scavenged. Following in her mother's footsteps, she seemed destined for an early child-marriage - but no more! Now, she attends school and receives specialized academic support.

**Kalkidan**, an only child, spent her days on the streets with her parents, who grappled with mental health challenges, begging for food. Fortunately, she now has the opportunity to enjoy her childhood.

**Fikir** used to cry to her mother when seeing the neighbor children eat while they had nothing. But those tears have vanished - her family now eats regularly. Fikir's relief and joy are palpable.

**Emran** and his family sought help from HFK due to serious health concerns and daily struggles with food scarcity. With support, Emran has transformed into a vibrant, healthy boy who loves playing soccer and excels academically!

**Daniel**, the son of one of our HFK guards, finds stability through his father's job. Actively involved in our afterschool tutoring program, Daniel values the safe space it provides for playing with his friends.

**Elnatan's** outlook for the future was bleak. Her parents faced critical health issues, which prevented them from working or providing for basic needs. Thankfully, sponsorship has sparked renewed hope. Elnatan now benefits from the Berta Breakfast program, receives school support, and enjoys new friendships!

**BE PART OF THE CHANGE:**

Sponsor a Family or Child's Education at [hopeforkorah.org/sponsor](https://hopeforkorah.org/sponsor)

