



## Thank you for **STANDING WITH KORAH** | **2023 Impact Report**



Dear Friends of Korah,

As I reflect over this past year in Korah, I am reminded of the fragility and resilience of life. Here, the devastating impact of extreme poverty on human experience is undeniable and the fine line between the two is so easily crossed. There is a constant ebb and flow, day after day, that is so visible—as one moment you celebrate someone’s victory and the next you grieve someone’s loss.

Working amid this daily unpredictability is challenging, and it too has a fine line as we navigate the delicate balance between walking alongside people in their struggles and striving to empower change and life transformation. This is a work we cannot do alone, and we are grateful for God’s grace and leading, and for the many people who have come alongside to Stand with Korah. Looking back at what has taken place in 2023, it is with much wonder and deep gratitude that I share this Impact Report with you. You have helped to make this happen! Thank you.

There were many encouraging highlights this year as we celebrated the individual accomplishments of our students and families. The numbers will show how much learning and personal growth took place, and in turn this led to much stability and positive change in people’s lives. There were also special moments within the larger Korah community—such as the dedication and celebration of completing the Abune Basilios School water well, the first street closure and cycling race in Korah, HFK’s Youth serving dinner to 150 elders for Easter, and the welcoming of 20 new families to join our program.

As always, the hard moments flowed with equal intensity and the challenges are ongoing. The personal pain and trauma families live with often feels unbearable. This is compounded by the ever-increasing cost of living. This year’s inflation rate in Ethiopia is averaging 32% and the cost of food is even higher at 41%. This exasperates an already vulnerable population and people live in hopelessness and fear for tomorrow.

The importance of coming alongside these families to break the cycle of poverty and offering hope for a brighter future is as crucial as ever and we cannot do it without your support. As you can imagine, with these high inflation rates all our costs have also escalated. As we expand, grow deeper, and touch more lives, there really is no person or program area we support that remains untouched by significant increases. We are very grateful that over the years, all our commitments to Korah have been met and we continue to be excited as we look forward to what lies ahead. For the upcoming year, a significant amount of what is needed has already been pledged or donated. Our new fundraising goal and what remains to be raised, to meet the needs for 2024 is \$700,000 CAD (\$515,000 USD).

May you truly be encouraged as you read this report and see the difference that you are making in the lives of many. There is still much work to be done and with God’s help we trust this upcoming year will bring more promise and transformation for the people of Korah. **We hope you will join us once again and STAND WITH KORAH in 2024!** Any gift, great or small, is important and will make a difference.

We wish you a wonderful New Year full of great hope!

With heartfelt thanks from all of us at HFK,

Eve Pohl R.S.W., HFK Executive Director

# Family Stabilization

## HEALTH SERVICES

- 1708+ HFK Health Services visits
- 320+ Hospital referrals & 9 hospitalizations
- 149+ Individuals rec'd diagnostic services
- 596+ Individuals' prescriptions were purchased
- 506 Children received malnutrition screening
- 521 Children & 102 Adults dewormed
- 109 Families rec'd annual health insurance policies
- 36 HIV+ individuals rec'd ongoing follow up.
- 5 Individuals rec'd psychiatric treatment
- 143 Adults rec'd dental hygiene, nutrition & family planning trainings
- 19 Orphaned children (13 with disabilities) at Tikuret Orphanage rec'd monthly prescriptions, diapers & support
- 98 Youth rec'd Sexual & Reproductive Health trainings

**IMPACT:** Individuals health and well-being increased, and further illness averted due to medical care access, medications, and prevention measures. Knowledge gaps narrowed due to continued health education and trainings on nutritious food preparation, cholera prevention practices, and access to family planning services information.



## BASIC NEEDS FOR FAMILIES

- 60 Families - monthly groceries & teff
- 61 Families - monthly rent
- 16 Families - new beds and mattresses
- 246 Holiday Chicken Dinners (Christmas, Easter, New Year)
- 350 Children and 56 Adults rec'd new shoes & socks

**IMPACT:** Families were stabilized, and dignity retained due to basic needs provided. Each parent was better equipped to care for their family. Adults and children were provided with proper footwear to carry out their daily responsibilities, attend school and access crucial services and programs.



## WATER

- 1 high-yield 220 meter deep well was completed and surrounding garden green space created at Abune Basilius School.
- 7,000 Students and 350 School Staff had access to clean water
- 491,000 L delivered to HFK project sites (trucked in)

**IMPACT:** All HFK programs, beneficiaries and staff had access to clean water. PLUS 7,000 students and teachers at local school accessed a reliable, clean, and sustainable water source. This prevented water-related diseases in the community. The school's dairy cows were sufficiently hydrated which provided nourishing milk for students.



## NUTRITION SUPPORT

**Additional nutrition & micronutrients given to:**

- 550 Children rec'd fortified pancakes and milk every day before school at Berta Program
- 60 Preschool children rec'd 2 daily meals and snacks at HFK Daycare.
- 144 Chronic or acutely ill, immunity-compromised, prenatal/lactating or malnourished individuals received ongoing monthly nutritional support
- 350 Children rec'd regular after-school snacks
- 630 Children rec'd regular snacks at youth programs

**IMPACT:** The health of vulnerable children and pregnant/breast-feeding women was maintained through ongoing nutrition and micronutrient support. Children's academic performance and engagement in key development activities increased. Those who were chronically and acutely ill, or in need of ongoing medication, maintained or improved their health due to additional nutrition supports.



## SPECIAL NEEDS CHILDREN, FAMILIES & ELDERLY



- 8 Orphans & 11 Special Needs Children
  - 8 Elders with leprosy
  - 4 Special Needs Families (disabled parent)
- Received ongoing daily support including food, medical care, housing, clothing, daycare, special outings, education and support group.



- 13 Orphaned children with disabilities rec'd healthcare
- 60 Elders w/ leprosy or disabilities rec'd supplies of flour, oil and teff
- 150 Elders attended special Easter dinner and program.

**IMPACT:** Our most vulnerable beneficiaries lived with dignity, gained access to crucial programs and expertise, benefited from community support, and lived without fear of social prejudice due to holistic needs being met.

## EMERGENCY RELIEF



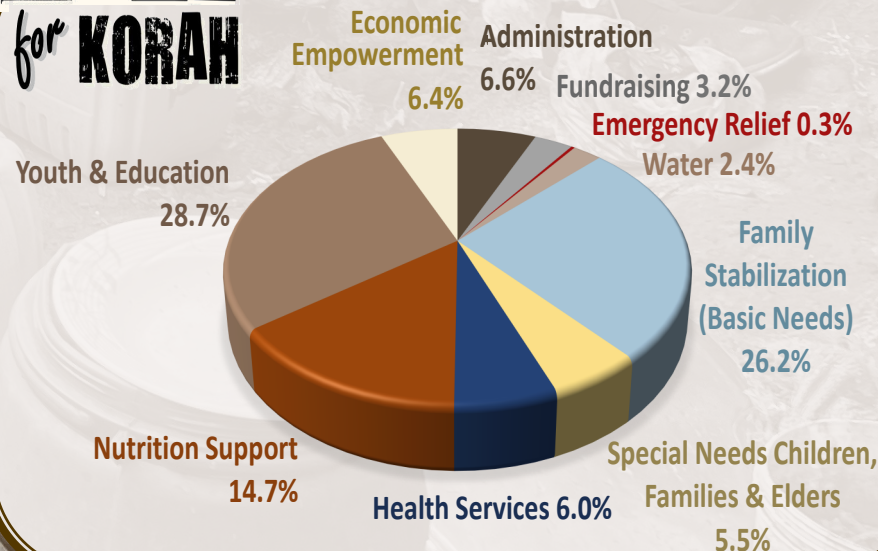
- 3 Families - Emergency Food Distributions (3 months each)
  - 1 Family - Emergency Business Reconstruction
  - 2 Families - Funeral Expenses
  - 1 Family - Emergency Medical Support
  - 2 Family Interventions/Child Protection
  - 30 Students impacted by Tigray war rec'd school supplies
  - 50 Toddlers supported by equipping community daycare.
- Additional emergency food, flour, oil for displaced children and women due to the civil war—this & DC in partnership with local government (Woreda 01).

**IMPACT:** These supports led to a crucial collective impact beyond our programs. Local partnerships were fostered with governing bodies and other NGOs. Families in crisis were stabilized due to intervention.



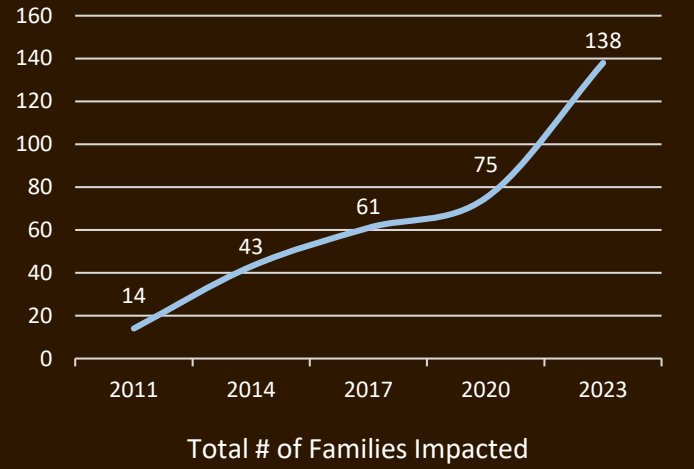
## HOPE for KORAH

### 2023 SPENDING SUMMARY

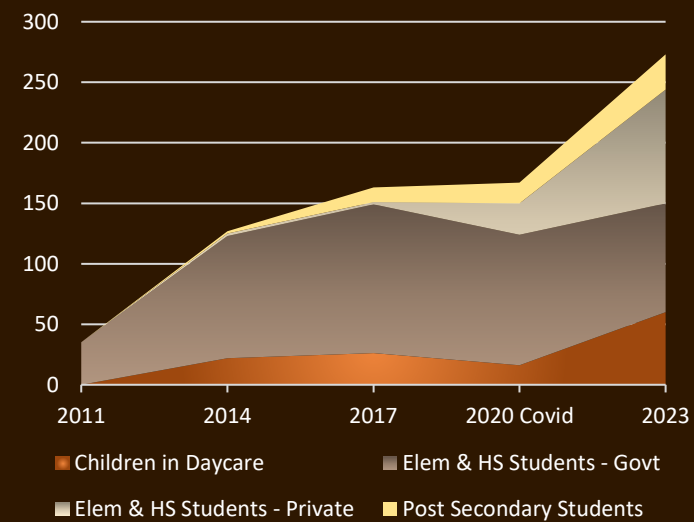


## Increasing Impact Across Time

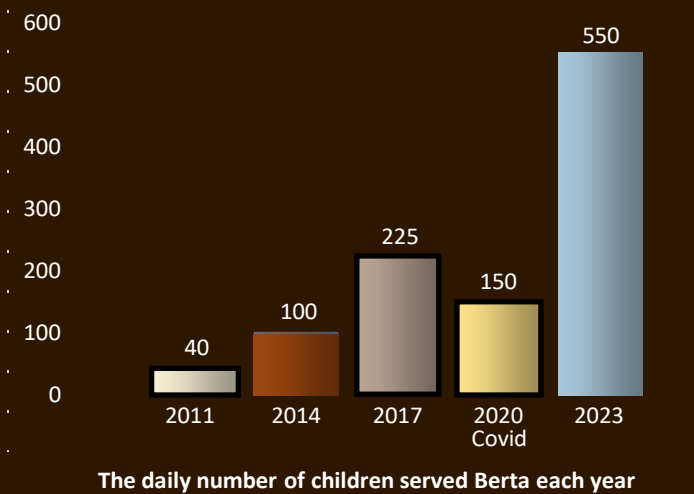
### FAMILY SPONSORSHIP



### EDUCATION



### BERTA BREAKFAST PROGRAM



The daily number of children served Berta each year

## Sponsorship Changes Lives!

Over the past 12 years, HFK sponsors have provided hope and a brighter future to 165 adults and 323 children.

**Will you help us change the trajectory of a family's life this year?**

We have 20 NEW Families WAITING to be sponsored...

[www.hopeforkorah.org/sponsor](http://www.hopeforkorah.org/sponsor)



## Family & Youth Empowerment

### YOUTH EDUCATION



273 Students rec'd Educational Sponsorship:

- 184 Elementary/Highschool Students (94 Private School & 90 Gov't School)
- 29 Post-Secondary Students/ 3 Graduates
- 60 Children enrolled in HFK Daycare

#### Number of Students:

350 attended After-School Tutoring Program  
 50 w/learning challenges rec'd special tutoring  
 96 rec'd academic awards 300 participated in Field Trips  
 66 enrolled in Computer/ICT classes  
 41 in Career Counselling 15 rec'd vocational training  
 40 Book Club members 3000+ Library Visits

**IMPACT:** Children learned new material, celebrated their achievements, and developed their potential to become independent and ensure better job opportunities in the future. Struggling students were better equipped to succeed due to special support.

Grade 12 students were motivated to study hard for national exams and pursue post-secondary education.



### YOUTH ACTIVITIES



1100 Children attended HFK programs & activities  
 200 Children participated in Boys & Girls' Soccer Programs  
 120 Children participated in Art, Theatre, and Music Clubs  
 40 Children participated in the Kindness Service Club  
 130 Teens in Small Groups, Boys or Girls' Club  
 120 Children in Life Skills Training 27 Youth in Leadership Training  
 27 Youth in College Support Group 90 Kids in Small Groups

**IMPACT:** Youth explored, developed, and utilized their God-given gifts, talents, abilities, and interests in a safe and fun environment at the "Youth Empowerment Centre". Mental health and stability for youth increased due to trauma healing activities and trainings. Fewer youth dropped out of school or engaged in high-risk behaviours at the trash dump.



### PSYCHO-SOCIAL SPIRITUAL



200 Youth in individual or group counselling  
 28 Adults in individual counselling  
 90 Families in family or group counselling  
 200 Youth participated in small group education sessions  
 2 Adults and 7 Youth rec'd clinical mental health support  
 70 Orphaned and/or vulnerable youth attended 3-day/night camp on *Understanding and Coping with Personal Trauma*  
 22 Adults rec'd mental health assessments  
 22 Adults attended Healing from Trauma sessions  
 8 Families with special needs rec'd relevant trainings and/or participated in monthly support & savings group  
 60 Mothers & 11 Fathers rec'd parenting skills trainings  
 70 Teens were matched with 30 mentors  
 120 Children attend weekly small groups with spiritual focus  
*All receive one-to-one counselling from social workers as needed. All programs have a spiritual or prayer component.*

**IMPACT:** Resilience and overall mental health for vulnerable beneficiaries increased. Beneficiaries processed and worked through past trauma that was inhibiting them from moving forward with their lives. Parents became more supportive and understanding of their children through parenting trainings, and youth grew in self-worth and became more confident due to intentional mentoring and consistent small group sessions.



### ECONOMIC EMPOWERMENT



62 Adults attended life skills trainings  
 25 Adults developed business/employment plans  
 8 Adults received grants to start/expand business  
 4 Adults attended Business Operators' trainings  
 8 Adults linked to employment opportunities  
 22 Adults attended business/employment trainings  
 20 Adults attended employment vocation readiness trainings  
 19 Adults attended vocational training programs  
 4 Adults attended artisan skills training  
 13 Adults received literacy and numeracy training  
 9 Adults started Continuing Education Classes  
 71 Women attended special outings outside of Korah  
 1 Business Cooperative with 22 members  
 4 Savings & Credit Self-Help Groups (SHG) with 71 members  
 12 Adults received SHG leadership training  
 22 Adults received health & hygiene trainings  
 149 Women attended bi-annual Mothers' Dinners

**IMPACT:** Families were transformed through the hope they experienced for the future. Women underwent personal growth, developed skills, and either started or continued moving forward with business initiatives or employment opportunities.

Members of the Basket Weavers Cooperative were greatly self-motivated, provided for and inspired by increasing sales and inherent value of their artisan products.

